

# Anti virus / Spyware?Trial and Error?

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*Source:*

[http://www.derkeiler.com/Newsgroups/microsoft.public.windowsxp.security\\_admin/2008-08/msg00058.html](http://www.derkeiler.com/Newsgroups/microsoft.public.windowsxp.security_admin/2008-08/msg00058.html)

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I have Spybot Search and Destroy , Windows Defender on my PC and they seem to do a good job although I find Defender abit difficult to understand at times with whether I should be Permiting or Denying some changes :-/  
I use to use AVG free then changed to Avast (which picked up virus and spyware that AVG did not).Now after reading some veiw in here I have got Panda 2008 on my system , it also picked up Bugs that Avast did not..but my system is seeming slower than before...what to do?? Im thinking of starting XP from scratch (what a headache) or trying a different lot of Anti virus etc all together--Avira--Kasperksy--CA--Avast--AVG--never ending list it seems :-)..Then its back to trial and error...Or maybe its New PC time :-/

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