

## Re: How retrieve the "My document"Folder...

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*Source:*

[http://www.derkeiler.com/Newsgroups/microsoft.public.windowsxp.security\\_admin/2007-06/msg00109.html](http://www.derkeiler.com/Newsgroups/microsoft.public.windowsxp.security_admin/2007-06/msg00109.html)

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- *From:* Malke <[notreally@xxxxxxxxxxxxxxxxxxxx](mailto:notreally@xxxxxxxxxxxxxxxxxxxx)>
  - *Date:* Mon, 11 Jun 2007 07:52:08 -0700
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Ramana wrote:

Hi this is ramana i got some problem with Xp, yesterday my system infected with virus, so that i backup some files Except "My documents" folder and formated my systems totally how to get back that folder(My documents) pls help any one its very IMP folder please help me sir how to getcak that folder only, with files and folders please help me any one.

1. Restore from backup. No backup?

2. Since you formatted the drive, it may be difficult to get the data back yourself. You can try using data recovery software.

DO NOTHING FURTHER ON THE DRIVE. The data is still on the hard drive but if you overwrite it, it will be extremely difficult or impossible to recover it. If you use data recovery software, install it on another machine and either use it from that operating system or create a bootable cd/floppy and work with that. If you don't have the skill and/or equipment to do these procedures and the data is crucial, take the machine to a professional computer repair shop that has experience in doing data recovery. This will not be your local version of BigStoreUSA. In-shop data recovery is usually not exactly cheap (for ex., my charges are generally \$150-350USD), but it normally costs less than sending the drive to a company like Drive Savers. You need to make the determination of the value of your data and decide what to do.

[ttp://www3.telus.net/mikebike/RESTORATION.html](http://www3.telus.net/mikebike/RESTORATION.html)

PCInspector File Recovery – [http://www.pcinspector.de/file\\_recovery/welcome.htm](http://www.pcinspector.de/file_recovery/welcome.htm)

Executive Software Undelete – <http://www.execsoft.com/undelete/undelete.asp>

R-Studio – <http://www.r-tt.com/>

File Scavenger – <http://www.quetek.com/prod02.htm>

Ontrack's EasyRecovery – <http://www.ontrack.com/software/>

If the data recovery software doesn't work, you will need to send the drive to a professional data recovery company like Drive Savers (my preference) or Seagate Data Recovery. General prices run from \$500USD on up. Drive Savers recovered all the data on a failed laptop drive for one of my clients and it cost \$2,700. He thought it was worth the money; only you know what your data is worth. I understand that some insurance companies are now covering data recovery charges under "Loss of Intellectual Property" or the like, so check with yours.

Drive Savers – <http://www.drivesavers.com>

Seagate Data Recovery Services – <https://www.seagatedatarecovery.com/>

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Malke

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Elephant Boy Computers

[www.elephantboycomputers.com](http://www.elephantboycomputers.com)

"Don't Panic!"

MS-MVP Windows – Shell/User

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